Dr.P.G.Bhanumathi, MMBS, DPH., DIH., District Health Officer
Vellore – 632 009

The Chief Educational Officer, Vellore - 632 009

Ref No: 0087/B2/2024 Dated: 04/07/2024

Sub: NHM-TN – Implementation of Ayushman Bharat School Health and Wellness Programme – District Level and Cluster level Training to School Teachers – Orientation on Health Screening in EMIS portal for 4 Ds by Health Team – Instruction to the District Chief Education Officer and District Health Officer – Certain instructions – Adherence – Requested - Regarding.

Sub: 1. G.O Ms. No.245, H&FW (EAP II-2) Dept., Dated 10.08.2009

2. G.O.Ms.No.312, H&FW (EAP.II-2) Dept., 1.9.2027

3. R.No.6218/P6/NHM/2019, Dated: 29.05.2024, of the Mission Director, National Health Mission-TN, Chennai-6

With Reference to the above the following guidelines regarding Ayushman Bharat Health and Wellness Ambassador Programme from National Health Mission shared for necessary action.

Ayushman Bharat School Health and Wellness Programme provides convergence of health and education providers to address the needs via comprehensive preventive and promotive health education programme at school for children.

Teachers play an important role as "Health and Wellness Ambassadors (HWAS)" who will impart health and wellness education to the students.

These activities include combined health education, health promotion, disease prevention, and improve access to health services in an integrated, systemic manner at the school level. There will be increased focus on Health and Nutrition handling social morbidities like injuries, violence, substance abuse, risky sexual behaviours, psychological and emotional disorders orientation of 32 Questions on EMIS portal for screening of School Children in 30 disease condition.

The Role of Health and Wellness Ambassador (Teacher)

> 2 Teachers out of all teachers may be designated as Health and Wellness Ambassador in each School.

> The Two teachers / School will be the Nodal Teachers and may be requested to conduct weekly Health sessions of half an hour on 11 Themes in schools in coordination with RBSK teams and other trained school teachers.

The Role of District Chief Education Officer.

Instruction to the Head Masters may be provided on the following

- Two peer educators should be selected from each of the schools (6th, 7th, 8th, 9th, 10th, 11th and 12th standard). One Peer Educator should be selected in 6th 8th standard and one more Peer Educator should be selected at 9th 12th standard, i.e. Middle School, Secondary and Higher Secondary Schools.
- > Two children in each class (6th, 7th, 8th, 9th, 10th, 11th and 12th standard) (should be selected as School Health Messengers for promoting Health activities at class level.
- Number of Health Sessions taken by the School teachers and No. of students covered should be entered in EMIS portal by the Concerned Teacher.
- The selected name list of Peer Educator and Health Messenger should be designated / notified in the EMIS application by the school teachers.
- The existing Peer Educator may be given priority in the selection process in the year 2024 2025,

In view of the State Project Director, Samagra Shiksha and the Director, SCERT District official of Education Department to coordinate with District Health Officer and ensure that all the Teachers are oriented on the Screening of Children with "4 Ds" and to conduct the Health and Wellness sessions at schools on during Adolescent Clubs and Adolescent health days in coordination with RBSK team.

The District Health Officer in coordination with concerned District CEOs to Train all the Teachers for effective primary screening of school children by Teachers and to orient them on the Health and Wellness Session screening to depute the CEO and DIET faculties on the scheduled date of Training.

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District Health Officer Vellore

Copy to

1. The District Educational Officer, Vellore

- 2. The Block Medical Officers of primary Health Centre, Vellore District
- 3. City Health Officer, Vellore Corporation
- 4. RBSK Medical Officers through BMO
- 5. APO, SSA through CEO

Copy Submitted to:

The Joint Director HEB, Chennai

The Mission Director, National Health Mission, Chennai - 6