

ஒருங்கிணைந்த பள்ளிக் கல்வி, சென்னை - 600 006
மாநில திட்ட இயக்ககம்

M-576
2199A

அனுப்புநர்

மாநிலத் திட்ட இயக்குநர்
ஒருங்கிணைந்த பள்ளிக் கல்வி,
மாநிலத் திட்ட இயக்ககம்,
சென்னை - 600 006.

JENSS

பெறுநர்

ஆணையர்
பள்ளிக் கல்வி இயக்ககம்
சென்னை - 600 006.



ந.க. எண். 307 / C4 / 2021

நாள்: 10.06.2021

அய்யா,

பொருள் : ஒருங்கிணைந்த பள்ளிக் கல்வி - மத்திய மத்திய கல்வி
அமைச்சகம் - 2021 ஆம் ஆண்டுக்கான - 7வது
சர்வதேச யோகா தினம் கொண்டாடுதல் - சார்பு.

பார்வை : MHRD, Department of Education Literacy
(IS-4 section) , F.O.NO : 13- 1 / 2021 - IS - 4
நாள் 03. 06. 2020

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பார்வையில் காணும் மத்திய கல்வி அமைச்சக சார்புச் செயலர் கடிதம் தகுந்த மேல்
நடவடிக்கைக்காக அனுப்பி வைக்கப்படுகிறது. இதன்பொருட்டு எடுக்கப்பட்ட நடவடிக்கை
அறிக்கை நகலை இவ்வியக்ககத்திற்கு அனுப்புமாறும் கனிவுடன் கேட்டுக்கொள்ளப்படுகிறது.

மாநிலத் திட்ட இயக்குநருக்காக

இணைப்பு: மத்திய கல்வி அமைச்சக சார்புச் செயலர் கடிதம்

End : RC NO : 026871 | M/S4/2021 dt : 17.06.2021

Copy communicated to all CEO's for necessary
Action.

17.6.2021.
For Commissioners of School Education

To

All Chief Educational Officers 17/06/2021

F. No. 13-1/2021-IS.4
Ministry of Education
Department of School Education & Literacy
(IS-4 Section)

Shastri Bhawan, New Delhi
Dated: 03rd June, 2020.

To

The Additional Chief Secretary/Principal Secretary / Secretary (Education),
All States and UTs.

Subject:- Organizing of Seventh International Day of Yoga (IDY), 2021-reg.

Sir/Madam,

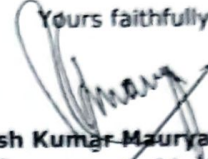
As you are aware that Seventh International Day of Yoga (IDY) is scheduled to be held on 21.06.2021. Yoga will help in boosting immunity which will help in protecting from various diseases. It will also help in mental physical and emotional wellbeing. Therefore, promote and motivate doing Yoga not only as a celebration of Indian culture but also as for their own health benefit. Due to the contagious nature of COVID, no mass gathering would be advisable this year. Hence, this year the Ministry is encouraging the people to practice Yoga at their homes, with participation from the entire family with the slogan "Be with Yoga, Be at Home".

2. In this regard, to create general awareness among people and community to get harmony & peace through Yoga, AYUSH has developed a Booklet viz. Common Yoga Protocol (CYP). The Booklet and its visual version has been placed in the public domain in Ministry of AYUSH's website. The link of the CYP is: <https://yoga.ayush.gov.in/public/assets/front/pdf/CYPEnglishBooklet.pdf>

3. In addition to above, as the pandemic situation continues to loom large, the approach to IDY in 2021 would be with yoga and be at home. Significant focus will be on awareness generation and mobilization through various technological means like digital media platforms. Physical congregation in a limited way under Covid SOP may be considered if the situation allows it in the certain area on the particular date. Therefore greater focus on digital/virtual activities may be given to make Yoga accessible to as many as people as possible. In this regard, AYUSH has developed a Handbook for organizing activities under IDY, 2021. The link of the Handbook is as: https://yoga.ayush.gov.in/public/assets/IDY_ebook.pdf. Details of the major events and activities may also be accessible from <https://yoga.ayush.gov.in/idy-2021>.

4. In this regard, you are requested to utilize various social media and other channels to encourage all students, public and organization under your purview for raising awareness and encourage the participation of students, teachers in schools under your judiciary in the IDY, 2021.

Yours faithfully,



(Rajesh Kumar Maurya)

Under Secretary to Government of India

Ph- 011-23384501

Email ID- rajmaurya.edu@nic.in

Copy for similar action:

1. Commissioner, KVS
2. Commissioner, NVS
3. Director, NCERT
4. Chairperson, CBSE
5. Chairperson, NCTE
6. Director, NBB
7. Director, CTSA