

Sub: PH & PM – Reopening of Schools for 10<sup>th</sup> and 12<sup>th</sup> Standard students – Certain instructions issued regarding – distribution of Tab. Multi Vitamin /Vitamin C and Tablet Zinc 20mg for 10 days – instruction issued – Reg.,

Ref: This office Letter R.No.86684/EPI/S1/2020, dated 15/01/2021.

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In continuation of this office Letter cited in the reference, the Deputy Directors of Health Services noted in the Despatch entry are hereby informed to make necessary arrangements for the distribution of the following tablets for a period of 10 days as immune boosters for all students of 10<sup>th</sup> & 12<sup>th</sup> Standard of Government and Government aided schools for whom the classes would be commencing from 19/01/2021 as per the Government order.

S.No	Name of the Tablet to be Distributed	Dosage	Students to be covered
1.	Tablet Multi Vitamin (or) Tablet Vitamin C	<ul style="list-style-type: none"> <li>1 Tablet per day per student for 10 days.</li> <li>The tablet to be taken after food preferably at night.</li> </ul>	Students of Class X and Class XII of Government and Government Aided schools in Tamil Nadu.
2.	Tablet Zinc (20mg)	<ul style="list-style-type: none"> <li>1 Tablet per day per student for 10 days.</li> <li>The tablet to be taken after food preferably at night.</li> </ul>	

Note:

*The Private Schools in the HUD are to be instructed to arrange the distribution of the above tablets as prescribed by buying the tablets at their own cost and arranging the distribution.*

The Deputy Director of Health Services are further informed to issue suitable instructions to the District School Authorities to instruct all the Schools including Private Schools to distribute the tablets as per above schedule to all the Students of 10<sup>th</sup> and 12<sup>th</sup> Standard by meeting the expenditure on their own.

The protocol and SOP already shared in the reference cited are to be otherwise meticulously adhered to by the School authorities besides.

You are kindly requested to submit the “Action Taken Report” to this Directorate.

This may be treated as most important and urgent.

-Sd.-  
Director of Public Health and  
Preventive Medicine  
Chennai-600 006