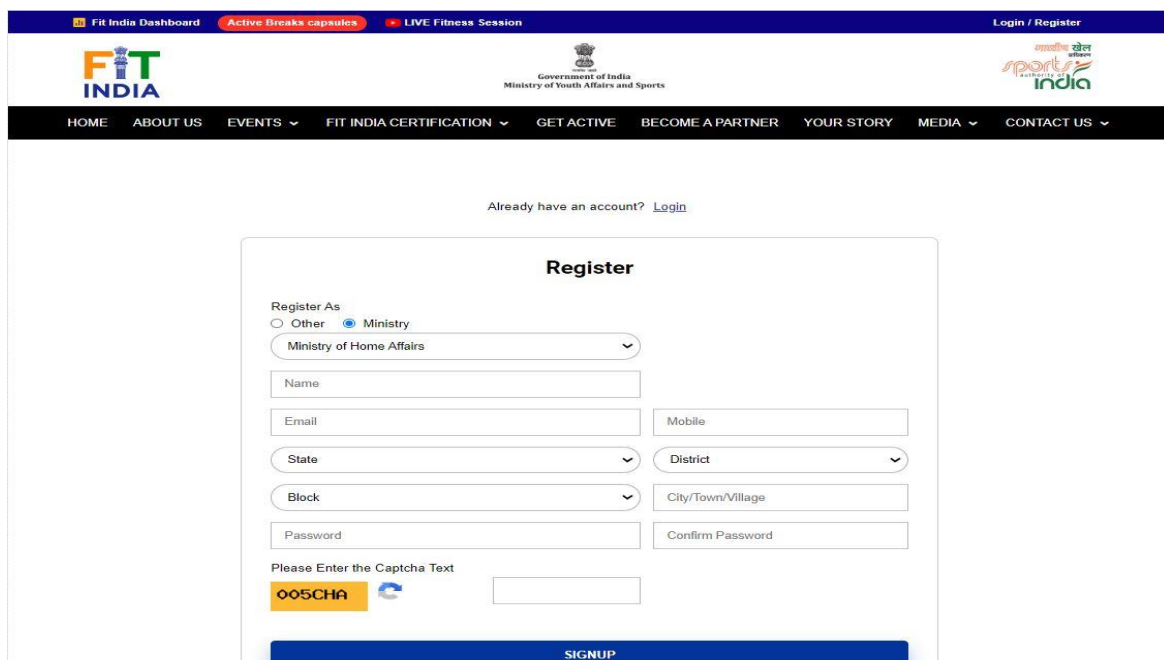# How to Organize Fit India Freedom Run

1. Organisers to create an account for themselves on Fit India Website and subsequently register for the event as an organiser. (Details below)

2. Organiser will request participants to run/ walk on the days decided by the organiser for Fit India Freedom Run. The run may be arranged for one day or any number of days from 15th August to 2nd October. During the days of run, participants will run/walk and keep a track of cumulative distance covered. At the end of the event date as decided by the organiser, the details of cumulative distance have to be collected. Organiser will upload the data of total number of participants and cumulative distance covered on Fit India Portal.

3. Participants can

   a. Run a route of their choice, at a time that suits them.
   b. Break-up their runs.
   c. Run their own race at their own pace
   d. Track kms manually or by using any tracking app or GPS watch.

Registration details:

1. Organisers will have to register themselves on Fit India website (www.fitindia.gov.in) by clicking on Login/Register at top right-hand corner of the website.

2. Click organize an event and select FIT INDIA FREEDOM RUN.

- Download logo and guidelines provided at the end of the page.
- Details with regard to number of participants and distance covered can be submitted after completion of the event.
- Organizers may use the Fit India Logo for all promotional media.
- Upon providing the data of participants with their cumulative kms covered, organizers will be able to download the certificates.

3. FIT INDIA mission advises organizers and individuals to organize their events following the social distancing norms and encourages the new normal of 'virtual runs' as is being practiced by runners / walkers across the world.